

Megan by Krista

Knitting-socks.com offers free patterns for your knitting enjoyment. Megan by Krista is a lace pattern intended to extend wearing our beautiful socks into the summer months. Regia cotton/wool blend is a perfect compliment to the Megan . Its designed to follow my How to Knit Socks Class.

Megan is written in one size. However for an average foot use a size US # 0 - 1 dpn and for larger foot (a 9-10 shoe size) use a US# 1 - 2 dpn.

The instructions are divided into the parts of the sock:

- Cast-on
- Cuff/Leg
- Heel
- Turning the heel
- Gusset or Ankle
- Foot
- Toe
- Seamless Finish



The stitches used:

Knit, Purl, K2tog (knit two together), SSK (slip slip knit - a decrease similar to k2tog), slip stitch, YO (yarnover), PSSO (pass slipped stitch over)

SUPPLIES NEEDED

- Sock or Fingering Weight yarn (approx 410 - 420 yards) I used Regia Color #08
- 5 dpns - size US 0 (2.0 mm) to US 2 (2.75mm)
- Blunt tip Tapestry Needle
- Measuring Tape
- Crochet hook - recommend size 00/B/2.25 mm
- Optional: Row Counter (highly recommended)

CAST-ON

On one needle, cast on 72 stitches loosely. If a loose cast-on is a challenge, try using two needles together. I have used a long-tail cast-on, but any cast on you are comfortable with will work.

Now divide the cast on stitches evenly between 3 needles.



CUFF & LEG

Join needles and Work in the following pattern.

Row 1: *YO, K1, Slip 1, K2tog, pssso, K1, YO, K1* repeat till end of row

TIP Place a marker in between each repeat to make these 6 stitches easy to keep your place.

Row 2: Knit

Once you have done several rounds, add a fourth needle with 18 stitches on each needle until measurement from your cast-on edge is 4" to 6" or your desired length.

IMPORTANT...Ending on Row 2 on Needle #3 to begin Heel.

HEEL

Once you have the desired length of leg....We will begin the heel on needle #4 or the needle to the right of the tail.

On needle #4, Slip the first stitch, knit 1 stitch and repeat (Slip 1, K1) until the end.

Now continue in the same pattern of Slip 1, knit 1 from needle #1 onto the same needle.

Resulting in 36 stitches on the needle, going from four needles to three needles.

Turn work to wrong side,

slip first stitch and purl the remaining of the stitches.

While we are working on the heel it is **IMPORTANT** to always slip the first stitch of each row.....this will help us to form the gusset/ankle. Turn work to right side,

Slip, knit repeat to end. Continue for a total of 31 rows.

TURNING THE HEEL

The following instructions will seem quirky, this is where the ounce of trust comes in... but if followed carefully will be fun....just take one step at a time

Row 1: Wrong side row: Purl (no need to slip the first stitch) to two stitches beyond the center

or $18 + 2 = 20$ stitches

then p2tog (purl 2 stitches together as one)

Now TURN work to start next row.....and trust it will be OK.

Row 2: Slip 1, K5, k2tog, k1 TURN Row 3: Slip 1, P6, p2tog, pi TURN Continue in this pattern until you are left with 20 stitches on your needle for your turned heel.

Pick up 18 stitches evenly along heel. Put your needle under both sides of the slipped stitch.

Continue in pattern or Row 1 on needles #2 & #3,

Now pick up 18 stitches evenly along heel. I like to start this side in stitch between the leg and the heel to prevent a hole from forming and using the slipped stitches for the remainder of the picked up stitches.

Now you have stitches on 4 needles again. But we need to position them slightly. That's right....it's trust time again....

From your short row heel, knit 10 stitches onto the same needle that you just picked up the 18 stitches or a total of 28 stitches on your needle.

Next, slip purlwise the remaining stitches onto the first needle where you picked up stitches, which should also now have 28 stitches on it.

Guess what....we are now back to our 4 needle positions

Needle #1 is once again lined up to the left of the tail and the bottom of the heel, Needle #4 is to the right of the heel and the bottom of the heel. Needles #2 & #3 are the top of the foot.

TIP Give the first stitch on needle #1 an extra tug to insure no gaps form along the bottom of the foot.

Starting with needle #1, knit across all 4 needles one row.

Now we will begin the decreases to form the gusset/ankle. We will decrease every other row, so you may want to use your counter to keep track. Decrease on odd number rows and work even on even number rows.

Row 1 : on needle #1, knit until last 3 stitches, k2tog, k1, then knit in pattern (Row 1) across needles #2 & #3, on needle #4 k1, ssk, knit till end.

Note: ssk is slip 2 stitches(one at a time) knitwise onto working needle, then insert left hand needle into stitches and knit together. this is a directional decrease that makes your sock look nicer.

Row 2: work even or knit all stitches on all 4 needles Repeat Rows 1 and 2 until needles #1 & #4 have 18 stitches remaining.

You will begin to see the gusset/ankle take shape.

FOOT

Knit even until foot measures between 7" - 8" from heel depending on your foot size.

TOE

Now we will begin to decrease the sides between the top and the bottom of the foot forming the toe.

Row 1

- Needle #1: knit to last three stitches, k2tog, k1
- Needle #2: knit 1, ssk, knit remaining stitches
- Needle #3: knit to last three stitches, k2tog, k1
- Needle #4: knit 1, ssk, knit remaining stitches

Row 2

Knit even across all 4 needles.

Continue until all needles have 7 stitches on each of them. Combine stitches on needle #4 and #1 by knitting across needle #1 leaving a total of 14 stitches on one needle. Slip purlwise the stitches from needle #2 to needle #3 leaving a total of 14 stitches on one needle. Now all stitches should be evenly on two needles

For a Seamless Toe, I recommend the kitchener stitch to close the toe opening.